

# TM-400 Device

Trabecular Metal™ Technology



## Surgical Technique



Solutions by the people of Zimmer Spine.  
[zimmerspine.com](http://zimmerspine.com)

# Trabecular Metal Technology

## The Best Thing Next to Bone.

The cellular structure of *Trabecular Metal* material resembles bone and approximates its physical and mechanical properties.

The unique, highly porous, trabecular configuration is conducive to bone formation.

*Trabecular Metal* material's high strength-to-weight ratio and low modulus of elasticity permit physiologic loading and help minimize stress shielding.

*Trabecular Metal* material, a structural biomaterial, can be fabricated into complex implant shapes and does not require a solid metal substrate. Clinical experience in thousands of cases has shown its versatility in diverse bone and joint replacement applications.

A next generation solution designed to provide bone ingrowth, brought to you by the people of Zimmer Spine.



# Indications/Contraindications

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## Indications

The TM-400 is a Vertebral Body Replacement device intended for use in the thoracolumbar spine (T1 – L5) to replace a collapsed, damaged or unstable vertebral body due to tumor or trauma (i.e., fracture). The TM-400 is intended for use with supplemental internal fixation systems, and may be used with bone graft.

The TM-400 is also intended for use in patients with degenerative disc disease (DDD) at one or two levels from L2-S1. These DDD patients may also have Grade I spondylolisthesis at the involved level(s). The TM-400 device should be implanted via an anterior approach.

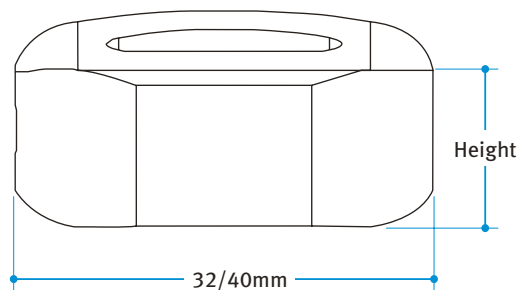
## Contraindications

1. Active local infection in or near the operative region.
2. Active systemic infection and/or disease.
3. Severe osteoporosis or insufficient bone density, which in the medical opinion of the physician precludes surgery or contraindicates instrumentation.
4. Known or suspected sensitivity to the implant materials.
5. Endocrine or metabolic disorders known to affect osteogenesis (e.g., Paget's disease, renal osteodystrophy, hypothyroidism).
6. Systemic disease that requires the chronic administration of nonsteroidal anti-inflammatory or steroidal drugs.
7. Significant mental disorder or condition that could compromise the patient's ability to remember and comply with preoperative and postoperative instructions (e.g., current treatment for a psychiatric/psychosocial disorder, senile dementia, Alzheimer's disease, traumatic head injury).
8. Neuromuscular disorder that would engender unacceptable risk of instability, implant fixation failure, or complications in postoperative care. Neuromuscular disorders include spina bifida, cerebral palsy, and multiple sclerosis.
9. Pregnancy.
10. Patients unwilling to follow postoperative instructions.
11. Morbid obesity.
12. Conditions other than those indicated.
13. Prior surgical procedure using the desired operative approach.
14. Current metastatic tumors of the vertebrae adjacent to the implant.

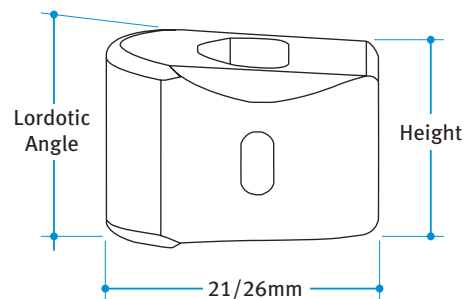
# TM-400 Implants

## Trabecular Metal Clinical Attributes

- Up to 80% porosity by volume – osteoconductive scaffold for biological fixation
- Elastic modulus closely matched to cancellous bone – improved load sharing
- High compressive strength – able to withstand physiological loading
- High coefficient of friction – initial stability to allow bone integration
- Unique porous tantalum composition – highly biocompatible



BACK



SIDE

### 21mm x 32mm Device

| Lordotic Angles | Height |      |      |      |      |      |      |      |        |      |
|-----------------|--------|------|------|------|------|------|------|------|--------|------|
|                 | 8mm*   | 9mm* | 10mm | 11mm | 12mm | 13mm | 14mm | 15mm | 17.5mm | 20mm |
| 7°              | X      | X    | X    | X    | X    | X    | X    | X    | X      | X    |
| 13°             | X      | X    | X    | X    | X    | X    | X    | X    |        |      |

\* Lateral inserter slot not present on 8mm and 9mm sizes.

### 26mm x 40mm Device

| Lordotic Angles | Height |     |      |      |      |      |      |      |        |      |
|-----------------|--------|-----|------|------|------|------|------|------|--------|------|
|                 | 8mm    | 9mm | 10mm | 11mm | 12mm | 13mm | 14mm | 15mm | 17.5mm | 20mm |
| 7°              | X      | X   | X    | X    | X    | X    | X    | X    | X      | X    |

# TM-400 Instruments



## **Implant Inserter**

96-171-10001

Attaches to implant to facilitate insertion.



## **Tamp**

96-209-10011

Advances the implant into its final position.



## **Anterior Implant Trial**

96-151-series and 96-136-series

## **Lateral Implant Trial**

96-161 series and 96-146-series

Identifies and confirms appropriate implant size.

# Anterior Technique



# Surgical Technique

## Anterior Technique (For patients with DDD)

*This procedure can be performed via a lateral approach as well.*

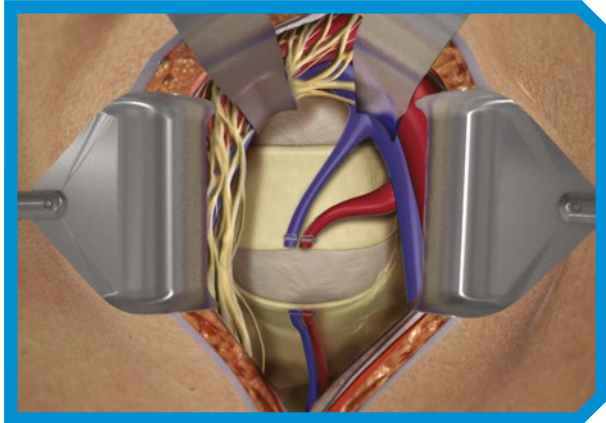
### Step 1



#### Patient Positioning

Using a radiolucent operating table (i.e. Jackson Table), position the patient in a supine position with a pad under the lumbar spine to maintain lordosis.

### Step 2



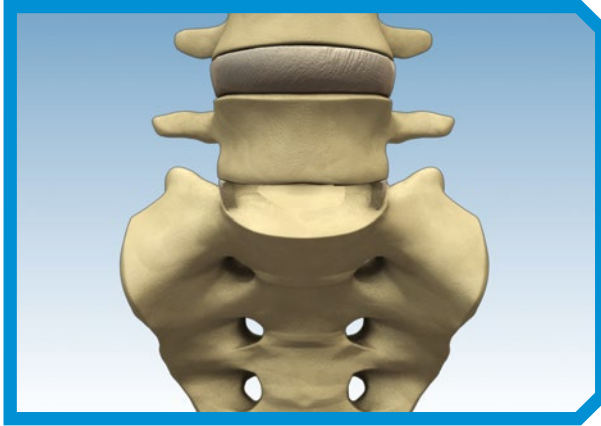
#### Exposure

Expose the L5/S1 level through a low transverse or paramedian incision. Then develop retroperitoneal plane to provide access to the anterior spine. For levels above L5/S1, it may be more appropriate to use a midaxillary incision aligned over the treatment level. Alternative exposures may be substituted based on surgeon preference or experience.

Standard general and/or vascular surgical instruments are used to perform the exposure down to the levels of the fusion. Standard instruments are also used to maintain the exposure via appropriate retractors.

Confirm exposure of correct segments by placing a needle into the intervertebral disc and take a confirmatory X-Ray/Fluro shot. Using anatomical landmarks, confirm correct position. Use an X-Ray/Fluro picture to identify midline of the vertebral bodies. If the needle is not positioned in the midline, adjust placement until it is. Mark the midline with a sterile pen on superior and inferior vertebral bodies for reference during the procedure.

### Step 3



#### Annulotomy and Discectomy

Begin box discectomy by incising the annulus with a scalpel. The “box” should be centered around the midline and of sufficient width to accommodate the desired implant. Pituitary Rongeurs and Ring Curettes can be used to perform the discectomy.

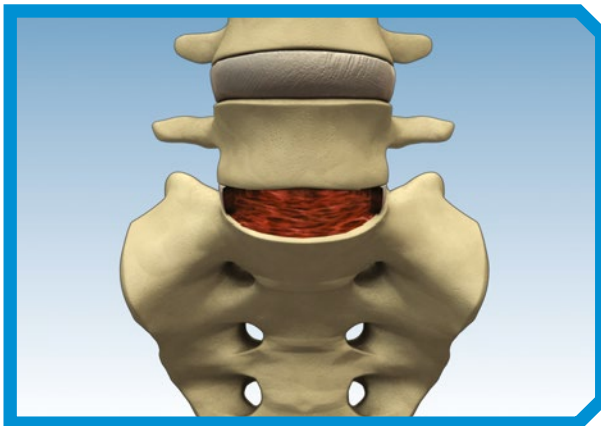
Continue to remove disc material until the posterior longitudinal ligament (PLL) is exposed. If necessary, incise the PLL to obtain additional distraction or to facilitate removal of herniated disc material from the spinal canal.

*Note: Care should be taken to ensure that all exposed blood vessels are properly retracted prior to discectomy so as to avoid unintended contact with the curettes and rongeurs.*

*Ensure sharpness of curettes and rongeurs prior to use.*

*Excessive force applied to the curettes or rongeurs can inadvertently rupture the disc annulus or damage the vertebral endplates.*

### Step 4

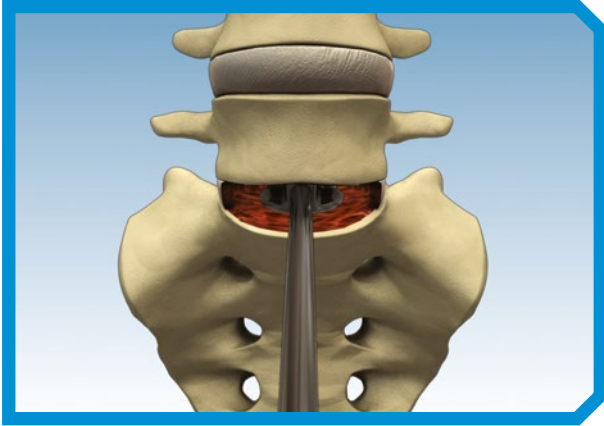


#### Endplate Preparation

Prepare the endplates by using curettes and/or burrs to remove the cartilaginous endplates and to create a flat surface of bleeding bone. Remove the minimum amount of endplate to reach bleeding bone. Leave small anterior and posterior lips at each vertebra to prevent migration of the device.

*Note: Excessive rasping of the vertebral endplate may result in subsidence and loss of segmental stability.*

## Step 5



### Implant Selection

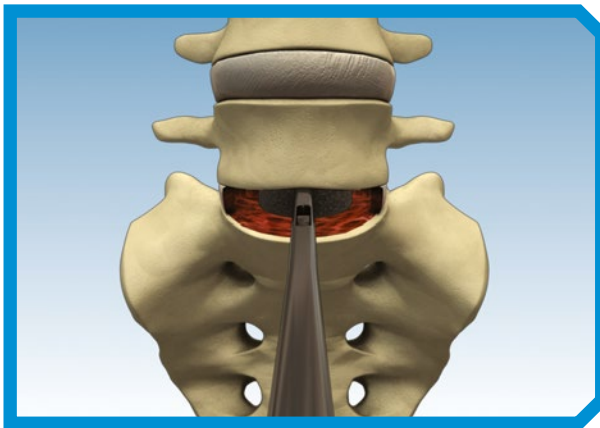
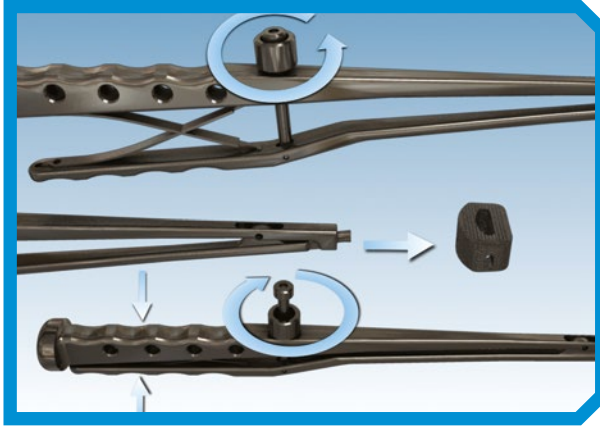
One TM-400 is used per level. TM-400 implants are available in two footprints and two lordotic angles. An estimate of the best footprint can be made from measurements of imaging studies as well as sequentially inserting the one-piece Trials to determine the best fit.

The “best fit” Trial should feel snug in the intervertebral space (not too tight or too loose) and provide the optimal amount of lordosis for the patient’s anatomy. Select the implant that corresponds to the “best-fit” Trial.

**Note:** *The width, depth, and height of each Trial is identical in size to its corresponding implant.*

*If the Trial used within the disc space is solidly engaged and difficult to reposition when proper position within the disc space has been obtained, the surgeon should consider implanting a device 1mm smaller than the Trial being used.*

## Step 6

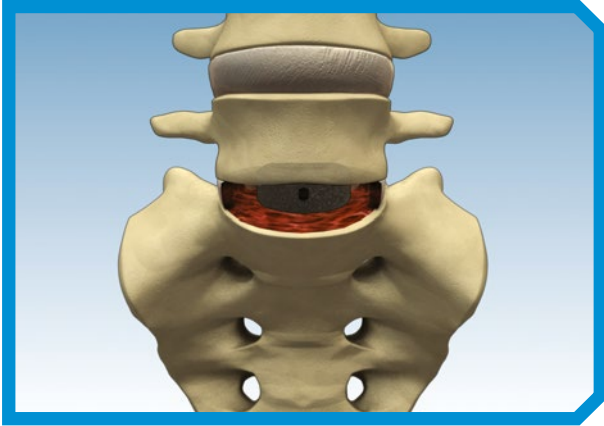


### Insertion

On the sterile table, pack the center of the selected implant with bone graft. Then, load the implant onto the Inserter. Ensure that the Inserter is fully loosened by rotating the top nut counter clockwise. Place the implant on the Inserter by aligning the anterior slot with the tip of the Inserter. Squeeze the Inserter handles together and rotate the top nut clockwise to secure the implant on the Inserter.

Insert the TM-400 implant such that it is centered about the midline. Insert the implant into the disc space by tapping with a mallet. Moderate tapping is required. The Inserter or Tamp can be used to final position the implant. If excessive force is required to insert, check the disc space to ensure that the endplate has been removed evenly. *Trabecular Metal* has a very high coefficient of friction and a thorough discectomy is essential for smooth insertion. If the implant still meets with excessive resistance, a change in implant size may be required. Excessive force can cause the implant to deform.

## Step 7



### Final Positioning

In the final position, the implant should be slightly posterior to the anterior aspect of the vertebral body. Release the implant by rotating the top nut on the Inserter counter clockwise. Remove the instrument from the implant. Final radiographs (A/P & Lateral) should be taken at this time to ensure proper placement. Bone graft may be packed or placed in front of the device for radiographic visualization of fusion.



### Implant Removal

Should removal of the device be determined necessary by the surgeon, an osteotome can be used at the interface between the implant and the superior and inferior endplates. This effectively cuts the fused column of bone graft held inside the implant at the level of the endplate. Once the fused columns are completely cut, forceps can be used to remove the implant from the space. This may be done under slight distraction.

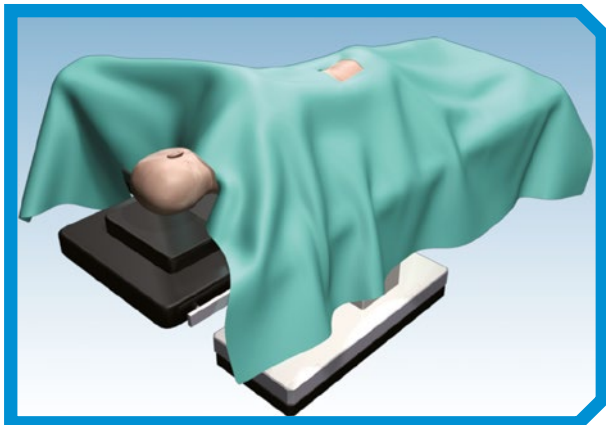
# Lateral Technique

# Surgical Technique

## Lateral Technique (For patients requiring Vertebral Body Replacement)

*This procedure can be performed via an anterior approach as well.*

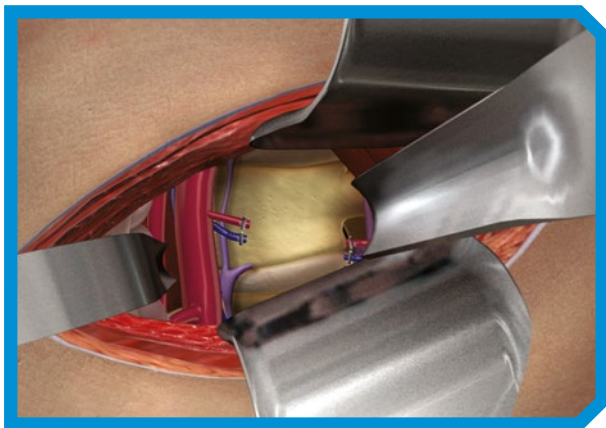
### Step 1



### Patient Positioning

While under general anesthesia, place the patient in the lateral decubitus position. Move the left arm forward to permit the scapula to rotate away from the posterior portion of the vertebral column. Place an auxillary roll under the right arm to minimize compression on the axillary artery, vein and nerve. Place another roll under the patient between the iliac crest and ribs to maintain the normal position of the spine. Placing a pillow between the patient's knees and slightly flexing the hips will help relax the psoas major muscle.

### Step 2



### Exposure

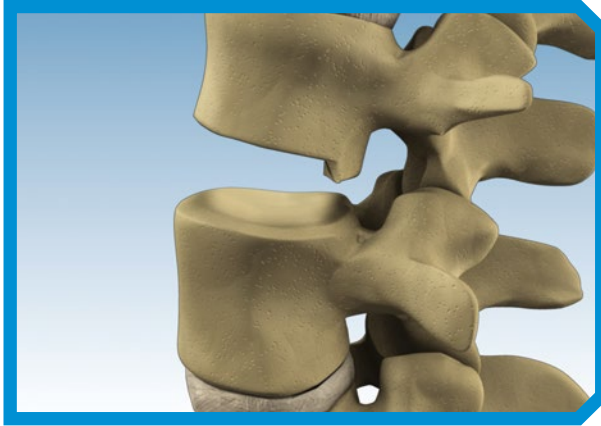
Use the transpleural approach in the thoracic region; use the standard retroperitoneal approach in the thoracolumbar region. In the transpleural approach, make the skin incision two ribs above the affected segment. After thoracotomy, incise the parietal pleura overlying the vertebral bodies and ligate the exposed segmental vessels.

In the lower thoracic and high lumbar region, utilize a rib resection with a retroperitoneal approach. Reach the lower lumbar region with a mid-flank incision with retroperitoneal dissection.

Retract the psoas muscle posteriorly to the junction of the pedicle and the vertebral body and medially retract the aorta after ligation of the segmental vessels at the appropriate levels. Control the ascending lumbar vein to allow displacement of the vessels.

Confirm exposure of correct segments by placing a needle into the intervertebral disc and take a confirmatory X-Ray/Fluro shot. Using anatomical landmarks, confirm correct position.

### Step 3



#### Discectomy and Vertebral Body Removal

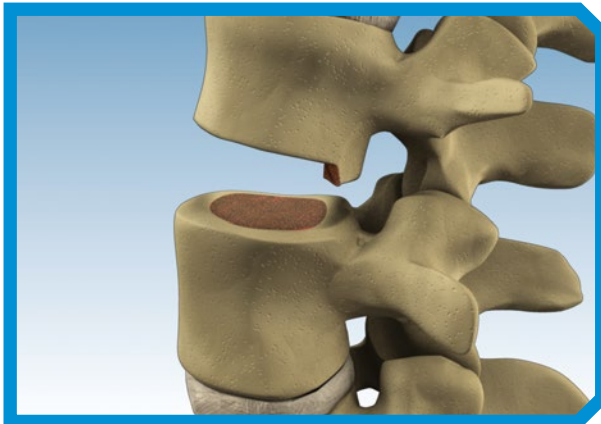
Resect the disc directly adjacent to the affected segment as well as the damaged or diseased portion of the vertebral body (partial vertebrectomy). Rongeurs and curettes can be used to perform the discectomy and resection. Decompress the spinal canal at this time.

*Note: Care should be taken to ensure that all exposed blood vessels are properly retracted prior to discectomy so as to avoid unintended contact with the curettes and rongeurs.*

*Ensure sharpness of curettes and rongeurs prior to use.*

*Excessive force applied to the curettes or rongeurs can inadvertently rupture the disc annulus or damage the vertebral endplates.*

### Step 4



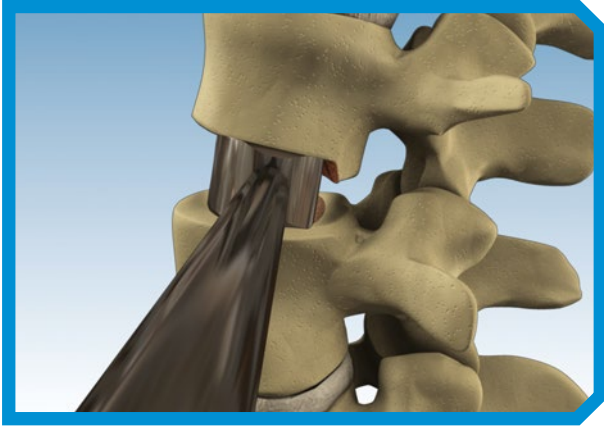
#### Endplate Preparation

Prepare the endplate by using curettes and/or burrs to remove the cartilaginous endplate and to create a flat surface of bleeding bone. Remove the minimum amount of endplate to reach bleeding bone. Leave small anterior and posterior endplate lips to prevent migration of the device.

*Note: Excessive rasping of the vertebral endplate may result in subsidence and loss of segmental stability.*



## Step 5



### Implant Selection

**Note:** The 8mm and 9mm 21 X 32 TM-400 devices do not have a lateral insertion hole.

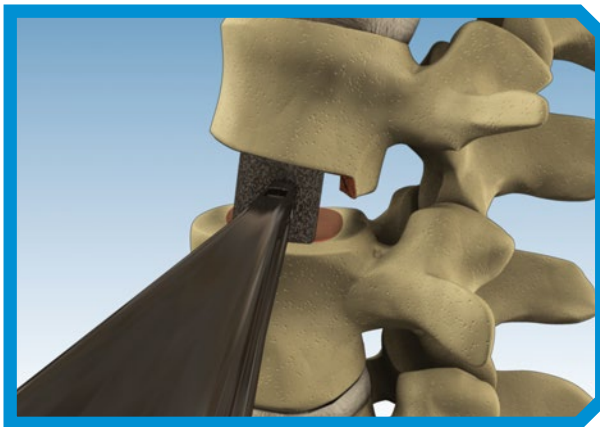
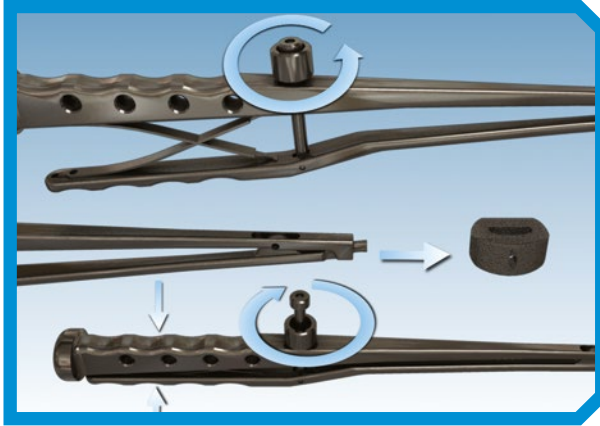
One TM-400 Device is used per level. TM-400 implants are available in two footprints and two lordotic angles. An estimate of the best footprint can be made from measurements of imaging studies as well as sequentially inserting the one-piece Trials to determine the best fit.

**Note:** The width, depth, and height of each Trial is identical in size to its corresponding implant.

The “best fit” Trial should feel snug (not too tight or too loose) and provide the optimal amount of lordosis for the patient’s anatomy. Select the implant that corresponds to the “best-fit” Trial.

**Note:** If the Trial used within the disc space is solidly engaged and difficult to reposition when proper position within disc space has been obtained, the surgeon should consider implanting a device 1mm smaller than the Trial being used.

## Step 6

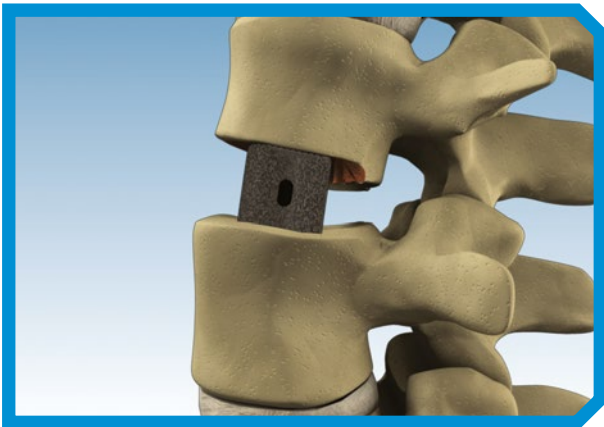
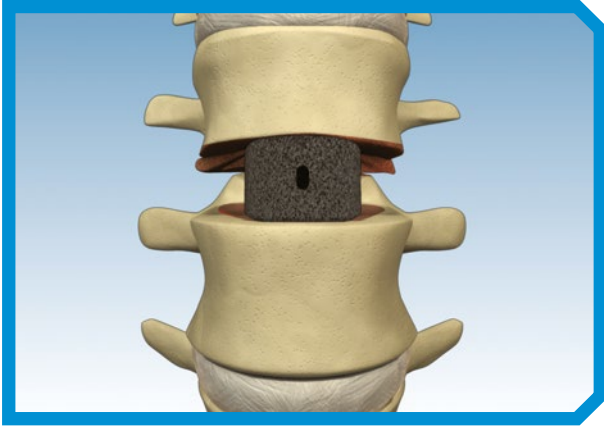


### Insertion

On the sterile table, pack the center of selected implant with bone graft. Then, load the implant onto the Inserter. Ensure that the Inserter is fully loosened by rotating the top nut counter clockwise. Place the implant on the Inserter by aligning the lateral slot with the tip of the Inserter. Squeeze the Inserter handles together and rotate the top nut clockwise to secure the implant on the Inserter.

Insert the implant into the space by tapping with a mallet. Moderate tapping is required. The Inserter or Tamp can be used to final position the implant. If excessive force is required to insert, check the space to ensure that the endplate has been removed evenly. *Trabecular Metal* has a very high coefficient of friction, and a thorough discectomy is essential for smooth insertion. If the implant still meets with excessive resistance a change in implant size may be required. Excessive force can cause the implant to deform.

## Step 7



### Final Positioning

In the final position, the implant should be slightly posterior to the anterior aspect of the vertebral body. Release the implant by rotating the top nut on the Inserter counter clockwise. Remove the instrument from the implant. Final radiographs (A/P & Lateral) should be taken at this time to ensure proper placement. Bone graft may be packed or placed in front of the device for radiographic visualization of fusion.

### Implant Removal

Should removal of the device be determined necessary by the surgeon, an osteotome can be used at the bone/implant interface. This effectively cuts the fused column of bone graft held inside the implant. Once the fused columns are completely cut, forceps can be used to remove the implant from the space. This may be done under slight distraction.

# Kit Contents

Module Number 96-269-40001

## Small Foot Print - 7°

| Part Number  | Description                             | Standard Kit Quantity |
|--------------|---|-----------------------|
| 96-151-32082 | TM-400 ANTERIOR TRIAL 21X32mm 7° 8mm    | 1                     |
| 96-151-32092 | TM-400 ANTERIOR TRIAL 21X32mm 7° 9mm    | 1                     |
| 96-151-32102 | TM-400 ANTERIOR TRIAL 21X32mm 7° 10mm   | 1                     |
| 96-151-32112 | TM-400 ANTERIOR TRIAL 21X32mm 7° 11mm   | 1                     |
| 96-151-32122 | TM-400 ANTERIOR TRIAL 21X32mm 7° 12mm   | 1                     |
| 96-151-32132 | TM-400 ANTERIOR TRIAL 21X32mm 7° 13mm   | 1                     |
| 96-151-32142 | TM-400 ANTERIOR TRIAL 21X32mm 7° 14mm   | 1                     |
| 96-151-32152 | TM-400 ANTERIOR TRIAL 21X32mm 7° 15mm   | 1                     |
| 96-151-32172 | TM-400 ANTERIOR TRIAL 21X32mm 7° 17.5mm | 1                     |
| 96-151-32202 | TM-400 ANTERIOR TRIAL 21X32mm 7° 20mm   | 1                     |
| 96-161-32081 | TM-400 LATERAL TRIAL 21X32mm 7° 8mm     | 1                     |
| 96-161-32091 | TM-400 LATERAL TRIAL 21X32mm 7° 9mm     | 1                     |
| 96-161-32101 | TM-400 LATERAL TRIAL 21X32mm 7° 10mm    | 1                     |
| 96-161-32111 | TM-400 LATERAL TRIAL 21X32mm 7° 11mm    | 1                     |
| 96-161-32121 | TM-400 LATERAL TRIAL 21X32mm 7° 12mm    | 1                     |
| 96-161-32131 | TM-400 LATERAL TRIAL 21X32mm 7° 13mm    | 1                     |
| 96-161-32141 | TM-400 LATERAL TRIAL 21X32mm 7° 14mm    | 1                     |
| 96-161-32151 | TM-400 LATERAL TRIAL 21X32mm 7° 15mm    | 1                     |
| 96-161-32171 | TM-400 LATERAL TRIAL 21X32mm 7° 17.5mm  | 1                     |
| 96-161-32201 | TM-400 LATERAL TRIAL 21X32mm 7° 20mm    | 1                     |
| 96-209-10011 | Tamp                                    | 1                     |
| 96-171-10001 | Spinal Implant Inserter Assembly        | 1                     |

## Small Foot Print - 13°

| Part Number  | Description                            | Standard Kit Quantity |
|--------------|--|-----------------------|
| 96-136-32082 | TM-400 ANTERIOR TRIAL 21X32mm 13° 8mm  | 1                     |
| 96-136-32092 | TM-400 ANTERIOR TRIAL 21X32mm 13° 9mm  | 1                     |
| 96-136-32102 | TM-400 ANTERIOR TRIAL 21X32mm 13° 10mm | 1                     |
| 96-136-32112 | TM-400 ANTERIOR TRIAL 21X32mm 13° 11mm | 1                     |
| 96-136-32122 | TM-400 ANTERIOR TRIAL 21X32mm 13° 12mm | 1                     |
| 96-136-32132 | TM-400 ANTERIOR TRIAL 21X32mm 13° 13mm | 1                     |
| 96-136-32142 | TM-400 ANTERIOR TRIAL 21X32mm 13° 14mm | 1                     |
| 96-136-32152 | TM-400 ANTERIOR TRIAL 21X32mm 13° 15mm | 1                     |
| 96-146-32081 | TM-400 LATERAL TRIAL 21X32mm 13° 8mm   | 1                     |
| 96-146-32091 | TM-400 LATERAL TRIAL 21X32mm 13° 9mm   | 1                     |
| 96-146-32101 | TM-400 LATERAL TRIAL 21X32mm 13° 10mm  | 1                     |
| 96-146-32111 | TM-400 LATERAL TRIAL 21X32mm 13° 11mm  | 1                     |
| 96-146-32121 | TM-400 LATERAL TRIAL 21X32mm 13° 12mm  | 1                     |
| 96-146-32131 | TM-400 LATERAL TRIAL 21X32mm 13° 13mm  | 1                     |
| 96-146-32141 | TM-400 LATERAL TRIAL 21X32mm 13° 14mm  | 1                     |
| 96-146-32151 | TM-400 LATERAL TRIAL 21X32mm 13° 15mm  | 1                     |
| 96-209-10011 | Tamp                                   | 1                     |
| 96-171-10001 | Spinal Implant Inserter Assembly       | 1                     |

## Large Foot Print - 7°

| Part Number  | Description                             | Standard Kit Quantity |
|--------------|---|-----------------------|
| 96-151-40082 | TM-400 ANTERIOR TRIAL 26X40mm 7° 8mm    | 1                     |
| 96-151-40092 | TM-400 ANTERIOR TRIAL 26X40mm 7° 9mm    | 1                     |
| 96-151-40102 | TM-400 ANTERIOR TRIAL 26X40mm 7° 10mm   | 1                     |
| 96-151-40112 | TM-400 ANTERIOR TRIAL 26X40mm 7° 11mm   | 1                     |
| 96-151-40122 | TM-400 ANTERIOR TRIAL 26X40mm 7° 12mm   | 1                     |
| 96-151-40132 | TM-400 ANTERIOR TRIAL 26X40mm 7° 13mm   | 1                     |
| 96-151-40142 | TM-400 ANTERIOR TRIAL 26X40mm 7° 14mm   | 1                     |
| 96-151-40152 | TM-400 ANTERIOR TRIAL 26X40mm 7° 15mm   | 1                     |
| 96-151-40172 | TM-400 ANTERIOR TRIAL 26X40mm 7° 17.5mm | 1                     |
| 96-151-40202 | TM-400 ANTERIOR TRIAL 26X40mm 7° 20mm   | 1                     |
| 96-161-40081 | TM-400 LATERAL TRIAL 26X40mm 7° 8mm     | 1                     |
| 96-161-40091 | TM-400 LATERAL TRIAL 26X40mm 7° 9mm     | 1                     |
| 96-161-40101 | TM-400 LATERAL TRIAL 26X40mm 7° 10mm    | 1                     |
| 96-161-40111 | TM-400 LATERAL TRIAL 26X40mm 7° 11mm    | 1                     |
| 96-161-40121 | TM-400 LATERAL TRIAL 26X40mm 7° 12mm    | 1                     |
| 96-161-40131 | TM-400 LATERAL TRIAL 26X40mm 7° 13mm    | 1                     |
| 96-161-40141 | TM-400 LATERAL TRIAL 26X40mm 7° 14mm    | 1                     |
| 96-161-40151 | TM-400 LATERAL TRIAL 26X40mm 7° 15mm    | 1                     |
| 96-161-40171 | TM-400 LATERAL TRIAL 26X40mm 7° 17.5mm  | 1                     |
| 96-161-40201 | TM-400 LATERAL TRIAL 26X40mm 7° 20mm    | 1                     |
| 96-209-10011 | Tamp                                    | 1                     |
| 96-171-10001 | Spinal Implant Inserter Assembly        | 1                     |

# Warnings and Precautions

## Warnings

Surgery is not always successful. Preoperative symptoms may not be relieved or may worsen. Surgical knowledge of the procedure and the device are important, as is patient selection. Patient compliance is also important. Tobacco and alcohol abuse may lead to unsuccessful results.

1. Appropriate device selection is crucial to obtain proper fit and to decrease the stress placed on the implant.
2. The implant must be handled carefully following manufacturer's instructions.
3. Care must be taken to avoid using dissimilar metals in contact with one another, as corrosion may occur. Fixation instrumentation used to stabilize the components must be made of compatible materials, such as titanium or titanium alloy. Corrosion may accelerate metal fatigue and lead to failure of the implant.
4. Implants should not be modified or otherwise processed in any way.
5. Once a device has been implanted, it must never be reused. If the package is damaged or opened, but the device is not used, the device must be returned to Zimmer. The device should not be resterilized.
6. Results may be worse with multilevel disease. Supplemental fixation is required for Vertebral Body Replacement applications. The surgeon should be familiar with fixation techniques and appropriate hardware. Only supplemental fixation made of titanium or titanium alloy should be used with *Trabecular Metal* devices.

## Precautions

1. The surgeon must have a thorough knowledge of the mechanical and metallurgical limitations of metallic surgical implants and be thoroughly familiar with the surgical technique for implanting the TM-400 for the given Indications for Use.
2. In the event that removal of the implant is considered (e.g. due to loosening, fracture, corrosion or migration of the implant; infection; increased pain, etc.), the risks versus benefits should be carefully weighed. Such events can occur even after healing, especially in more active patients. Appropriate postoperative care must be given following implant removal to avoid further complication.
3. The surgeon must be thoroughly familiar with the options for supplemental internal fixation systems and the associated surgical techniques.

## Solutions by the people of Zimmer Spine.

You are devoted to helping your patients reduce their pain and improve their lives. And the people of Zimmer Spine are devoted to you. We are dedicated to supporting you with best-in-class tools, instruments and implants. We are driven by the opportunity to share our unrivaled education and training. We are committed partners who will do everything in our power to assist you in your quest to provide the absolute best in spinal care. And we can be counted on always to act with integrity as ethical partners who are worthy of your trust. We are the people of Zimmer Spine.

*The CE Mark is valid only if it is also printed on the product label.*



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